



2024-2025 Class Schedule Year:
August 26th, 2024-June 8th, 2025

DANCE Studio 2

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Adult Adv. Ballet 10:00-11:30AM HS	Private Session 2:30-4:00pm AK	Adult Adv. Ballet 10:00-11:30AM HS	Mom & Tot Creative Movement 10:00-10:45AM HS	
Co. Ensemble Reh. 4:00-5:00PM MC	Private Session 2:00-4:45PM HS/SC	Co. Reh. 3:00-5:00PM AK	Ballet 3/4 w/Pointe 4:30-6:00PM HS	Private Session 2:00-4:30PM HS	
Neo-classic/Con temporary 3 5:00-6:15PM MC	Ballet 2 8yrs+ 5:00-6:15PM MC	Jazz 3/4 w/ Improv 5:00-6:30PM AK	Ballet 2 8+ Starts in ST. 1 5:45-7:00PM SC	Contemporary/ Graham 12+ 4:30-5:30PM HS	Company Character 12+ 11:00-12:00PM HS
Ballet 3/4 6:15-7:45PM MC	Ballet 2/3 Teen/Adult 6:45-8:00PM MC	Ballet 3 7:00-8:30PM HS	Junior Co. Rehearsal 7:00-8:30PM	Ballet 4 w/Pointe 5:30-7:00PM HS	ABO- Co. Class 12:00-1:15PM HS AK EC MC
				Company Reh. 7:00-9:00PM	ABO Co. Reh. 1:30-5:00PM

Classes will only be Zoomed for weather emergencies.
 All classes are LIVE in-studio.

Zoom Link: Your studio connection from home!

<https://zoom.us/j/6069713634?pwd=ZlIxcE9Nd3laRnBmVjFDQkxmdUZydz09>

Link A Log In:User ID-6069713634 PW-allegro

DANCE Studio 1

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Core & Go! Pilates 9:00-9:45AM HS	Core & Go! Pilates 9:00-9:45AM HS	Core & Lift! Pilates w/ the kettle bell 4:00-4:45PM HS	Core & Go! Pilates 9:00-9:45AM HS	Core & Go! Pilates 9:00-9:45AM HS	Core & Go! Pilates 8:15-9:00AM HS
Pre-Jazz/Tap 3-5 yrs 5:00-5:45PM SC	NEW!! <i>Hip Hoppers</i> <i>5-7yrs</i> <i>5:00-5:45PM</i> <i>Char</i>	Pre-Ballet/Tap 2.5-5 yrs 5:00-5:45PM SC	Contemp. 2 8+ 4:45-5:45PM SC	Jazz 1/2 5:00-6:00PM ZC	Core & Cardio! Pilates w/ more 9:00-9:45AM HS
Contemp 1 6 yr and up 5:45-6:45PM SC	<i>Hip Hop</i> <i>8-14Yrs</i> <i>5:45-6:45PM</i> <i>Char</i>	Ballet 1 6-9yrs 5:45-6:45PM SC	Ballet 2 8+ Ends in ST. 2 5:45-7:00PM SC	Tap 1-2 6:00-7:00PM ZC	Pre-Ballet (3-5) 9:45-10:30AM SC
Trainee Co Rehearsal 6:45-8:30PM SC	<i>Hip Hop</i> <i>Teen to 20s</i> <i>6:45-7:45PM</i> <i>Char</i>	Core & Calm Pilates w/ Stretch 8:30-9:15PM HS	Core & Go! Pilates 6:00-6:45PM HS	Tap 3 7:00-8:00PM ZC	Ballet 1 6-8 yrs 10:30-11:30AM SC
	<i>GForce Team</i> <i>Reh.</i> <i>7:45-8:30PM</i> <i>Char</i>		Adult Ballet 6:45-8:00PM HS	Private Sessions 8:00-9:00PM ZC	

MUSIC ROOM

PIANO	WED	5:00-5:30pm
	WED	5:30-6:00pm
	WED	6:00-6:30pm
	WED	6:30-7:00pm

BALLROOM STUDIO 1

BALLROOM BASICS	SAT	3:00-4:00pm
BALLROOM BASICS	SAT	4:00-5:00pm